

# **Preventive Health Behaviors of Older Mexicans**

By

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## **Abstract**

This paper considers the extent to which older Mexicans use a range of preventive health measures, including mammograms, breast-self exams, prostate exams, and screening for cholesterol, diabetes, TB, tenuous, and elevated blood pressure . Preliminary analysis indicates that women are far more likely than men to regularly use preventive health services, that educational status, more than wealth or income, predicts regular use of these services. While we hypothesized that returning migrants from the US would have higher health expectations and make greater use of screening exams than other Mexicans, MHAS data do not support this hypothesis. Rather Mexicans who migrated domestically were more likely to engage in preventive health behaviors, controlling for access to a health care facility.